

Digital Thumbprint

Student Top Tips: Cyberbullying and Respectful Relationships

Bullying is not OK in any form. These top tips will help you to understand your digital interactions and how they can have an unintended impact on others.

Think about how you might feel if you received the comment you're about to make. ✓

Think about what might happen if everyone could see the picture you're about to post. ✓

Offer your support to those you know who are being bullied. ✓

There's never a good excuse to be a bully. ✓

If you see cyberbullying happening again, report it again. ✓

If you see cyberbullying, report it to parents, teachers or the appropriate area on the relevant social media service. ✓

esafety.gov.au/complaints-and-reporting/cyberbullying-complaints/social-media-services-safety-centres

If you need more help or information contact: ✓

Kids Helpline

call **1800 55 1800**

visit kidshelpline.com.au



kidshelpline
Anytime | Any Reason

or

Office of the eSafety Commissioner

visit esafety.gov.au



Australian Government

Office of the
**eSafety
Commissioner**