Digital Insight Student Top Tips

The following tips relate to the topic of being safe with your information online. They include some of the most important points you will have learnt in your Digital Insight workshop, the lessons you have had with your teachers and the topics you may have talked about with your parents. These top tips will help you to keep your information safe and to become a better digital citizen.

Choose strong passwords. ✓

- Use a memorable, but obscure passphrase for your password, i.e. "diversity labyrinth sighed soprano almost died."
- Remove any personal information from your password (i.e.: names, birthdays, etc.) that can be found out through social media or other means.
- Avoid popular culture phrases (i.e. music, movies, TV shows, etc.) as inspiration for your password.
- The website https://howsecureismypassword.net can give you a rough guide as to how strong your password is.

Use different passwords for different sites. ✓

- A good solution is a password manager, but they all have different benefits and risks.

When posting, think about whether you would be comfortable if your parents or grandparents saw it. ✓

Be careful of social media friend requests from people you don't know and always confirm it's really the person you think it is. ✓

Respect other people's right to digital privacy. ✓

Don't tell anyone your passwords. ✓

Report cyberbullying at: ✓
https://esafety.gov.au/complaints-and-reporting/cyberbullying-complaints/i-want-to-report-cyberbullying

Make sure your account settings are set to private for information you don't want to share with others. ✓

- See https://www.esafety.gov.au/esafety-information/games-apps-and-social-networking for more information on how to do this for many popular sites and applications.

Make sure your phone is secure, i.e. activate PIN security, fingerprint passwords, etc. ✓

Always be aware of your environment and be careful about the security of your phone and entering passwords where other people can see you. ✓

If you're uncertain about something you've received (a message, a photo, a friend request, etc.) ask a parent, teacher or friend for advice. ✓

Use 2FA (two factor authentication) wherever possible. 2FA can mean SMS messages to your phone, installing a special application or a fingerprint scan. ✓

If you need more help or information contact Kids Helpline on: 1800 55 1800 Or visit Kids Helpline at: ✓
https://kidshelpline.com.au/

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kidshelpline — Anytime | Any Reason

Australian Government — Office of the eSafety Commissioner

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